



“Navigating Healthy Relationships”



COM is rolling out a new approach to boundary training in our presbytery!

During the August 23 meeting, the entire body will engage in:

A plenary session led by Ann Schwartz at 1:30pm

"Healthy Boundaries, Healthy Leaders, Healthy Churches" Healthy boundaries in our relationships and our churches are essential to healthy ministry. Congregational leaders, ruling elders and teaching elders, are called to model appropriate boundaries and healthy behavior. During the plenary we will define boundaries and discuss why they are important and consider strategies and guidelines for creating a safe and healthy church environment.

And then break into workshops of your choice (you will be able to attend 2 of the 4 described below!) at 2:10pm and 2:50pm

“Leaving Gracefully & Responsibly: Caring for Yourself and for Each Other in a Pastoral Transition” Pastors and congregations that transition their relationship in a healthy way will move into the future ready for new beginnings. We’ll look together at expressing grief and gratitude, keeping ethical boundaries, and practicing the change through ritual.

Stephen Kolderup, presenter

"Who Am I?" Self-differentiation is one of the most important character traits that we can nurture in our lives. This workshop will explore the meaning of self-differentiation, and help each participant explore their own sense of self.

Mary E. Wright, presenter

"Surfing Social Media: The whys and hows of navigating social media as a church leader"

Church leaders are often baffled about the proper use of social media as a communication method, as well as connection method. We will discuss the reasons behind setting boundaries in social media, as well as practice how this is done.

Eric Corbin, presenter

“No Relationship is a Waste of Time” Pastoral leaders and elders will explore ways to build upon the special, sacred relationship we experience in churches. No relationship is a waste of time, but all must be disciplined and managed to fit with God's intentions.

Dan Selock, presenter



The COM will recognize attendance at the plenary and two workshops as fulfillment for the required boundary training for 2018.

These workshops are designed for pastors, volunteers, elders, staff...anyone who wants to navigate life and ministry through healthy relationships with people, God and material things.

